

Suggested Use: As a dietary supplement, take 8 capsules daily with food, in divided doses, or as recommended by a healthcare professional.

Full Circle Prenatal is an expert formulated prenatal that was designed by a Registered Dietitian (and mother) who wanted a prenatal supplement for both her clients and herself that did not take shortcuts or make any compromises on quality, potency or purity. Full Circle Prenatal delivers optimal forms and evidence-based doses of nutrients in an easy-to-tolerate formula. You'll also find active, non-synthetic folate and vitamin B12, chelated minerals which provides superior absorption and extra glycine to help meet the demands of pregnancy. Full Circle Prenatal also goes above and beyond current prenatal standards in ensuring it is free of harmful contaminants including heavy metals and chemicals.†

Warning: Pregnant or nursing mothers, children under the age of 18, and individuals with a known medical condition should consult a physician before using this or any dietary supplement.

**KEEP OUT OF THE REACH OF CHILDREN.
DO NOT USE IF SAFETY SEAL IS DAMAGED OR BROKEN.
STORE IN A COOL, DRY PLACE.**

†These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



Gluten Free



full circle
prenatal.

Optimal Nutrients for Women Before, During & After Pregnancy†

- Provides 4,000 IU's of Vitamin D, a critical nutrient shown to support healthy bone development in baby and support a healthy pregnancy†
- A combination of active B vitamins designed to meet the needs of women while being well tolerated†
- Chelated minerals bound to glycine for superior absorption while providing more of the conditionally essential amino acid glycine†

**PRENATAL
DIETARY SUPPLEMENT**

240 Capsules

Supplement Facts		
Serving Size: 8 Capsules Servings Per Container: 30		
Amount per Serving %		% Daily Value
Vitamin A (as Retinyl Palmitate)	750 IU (225.2 mcg RAE)	25%
Vitamin A (as Beta Carotene)	450 mcg RAE	50%
Vitamin C (as Ascorbic Acid)	275 mg	305%
Vitamin D (as Cholecalciferol)	4000 IU (100 mcg)	500%
Vitamin E	600 IU (270.2 mg alpha tocopherol)	1,800%
(as D-Alpha Tocopherol Succinate & Mixed Tocopherol)		
Vitamin K (as Menaquinone-7)	100 mcg	85%
Thiamin (as Thiamine HCl)	5 mg	420%
Riboflavin (as Riboflavin & Riboflavin 5-Phosphate)	20 mg	1,540%
Niacin	25 mg	160%
Vitamin B-6 (as Pyridoxine HCl)	20 mg	1,180%
Folate	800 mcg (1,360 mcg Folate DFE)	340%
(as 5-Methyltetrahydrofolate Calcium & Calcium Folate)		
Vitamin B-12	150 mcg	6,250%
(as Methylcobalamin & Adenosylcobalamin)		
Biotin	500 mcg	1,670%
Pantothenic acid	150 mg	3,000%
(as D-Calcium Pantothenate)		
Calcium (as Dicalcium Malate)	400 mg	30%
Iodine (as Kelp)	25 mcg	20%
Magnesium	300 mg	70%
(as Magnesium Glycinate)		
Zinc (as Zinc Glycinate)	20 mg	180%
Selenium (as L-Selenomethionine)	200 mcg	365%
Copper	750 mcg	85%
(as Copper Bisglycinate Chelate)		
Manganese (as Manganese Bisglycinate Chelate)	5 mg	220%
Chromium	120 mcg	345%
(as Chromium Nicotinate)		
Molybdenum	100 mcg	220%
Potassium (as Potassium Glycinate)	100 mg	5%
Choline (as Choline DL-Bitartrate)	300 mg	55%
Myo-Inositol	150 mg	*
Betain HCL	150 mg	*

* Daily Value not established.

Other Ingredients: Organic Nu-Flow®, Magnesium Stearate, Vegetable Capsule (hydroxypropyl methylcellulose)

Manufactured for: Boston Functional Nutrition LLC, Concord, MA 01742